



## “A Mountain of Blessings”

**Theme: Jesus in the Gospel of Matthew – Mountains and the King**

Sermon Scripture: Matthew 5:1-11

**Family Activity for the Week:** Jesus taught us how to pray. He used his words and actions to show others how to pray as a family. Together, walk around the different rooms in your home. Where does your family feel most comfortable and at peace? Where would you enjoy spending time talking to and listening to God? After listening to each other's ideas, discuss and agree upon a special place where you can pray together as a family this Lenten season. Invite each person to place a symbol or an object in the prayer area that will help your family focus on spending time with God.

**Monday, March 9** – Read Matthew 5:1-16 – Biblical scholar William Barclay noted that the verb translated “taught” from the original Greek means, “repeated and habitual action, and the translation should be: ‘This is what he used to teach them.’” This sermon’s principles have been called the platform, the foundation of all that Jesus taught about God’s Kingdom and those who are its citizens.

- ▲ The Common English Bible renders verses 3-11 as “happy are,” not the more familiar “blessed are.” Jesus would have used the Aramaic phrase “O, the blessedness of ...” Scholar N. T. Wright said, “In our world, still, most people think wonderful news consists of success, wealth, long life, victory in battle. Jesus is offering wonderful news for the humble, the poor, the mourners, the peacemakers.” Which of Jesus’ statements ring most true for you? Of which do you feel, “I sure wish I had some of that?”
- ▲ Jesus told his followers, “You are the salt of the earth ... the light of the world.” Legalistic morality too often brings gloom, criticism and fear. Have you known people whose goodness adds flavor and light to life? How can your allegiance to Christ make you “salt and light,” making your life and that of others brighter and better?

**Prayer:** *Lord Jesus, I want the kind of happiness, of blessedness, that your Kingdom offers me. Shape my heart to value what you value, to rejoice in the eternal life you give. Amen.*

**Tuesday, March 10** – Read Matthew 5:17-42 – In today’s reading, Jesus quoted five different snippets of Old Testament law. In each case, he echoed the Old Testament prophets by saying God didn’t want just outward compliance. God cares about the inner spirit behind our acts (see Isaiah 1:10–15; Jeremiah 6:20; Amos 5:21–24). That’s why Jesus said he hadn’t come to “do away with” the law. He wanted to apply it to the true source of both good and bad in life: our (often hidden) inner self.

- ▲ Jesus, like many Hebrew teachers, used hyperbole (rhetorical exaggeration) to grab attention and underline a point’s seriousness. So, “tear out your eye ... chop off your hand,” says, “Temptation is serious business. Don’t play with it in your mind but avoid it.” Reflect on each section. What insights do you get about the basic life principle Jesus wants you to take seriously, and about your own inner attitudes and motives?
- ▲ In verse 29 Matthew said people were amazed because Jesus “was teaching them like someone with authority.” Jesus quoted even two of the Ten Commandments, and on his own authority gave them a deeper heart meaning than most people ever saw. Scholar William Barclay said, “One of two things must be true: Jesus was either mad or unique. Jesus was either megalomaniac or else he was the Son of God.” How can accepting Jesus’ authority over your life move you to search your heart more deeply, and open it to his transforming power in new ways?

**Prayer:** *Lord, my motivations are hidden even from myself much of the time. Through your Spirit’s presence, and the words of the Bible, open my heart to your divine authority. Amen.*

**Wednesday, March 11** – Read Matthew 5:43-6:18 – “Don’t blow your trumpet,” is another use of hyperbole. Many charity boxes were trumpet-shaped, which may explain Jesus’ image. Hebrew rabbis often stressed the need for pure motives behind good deeds—but that was hard to live. It still is. Scholar Myron Augsberger notes that today, “one-upmanship, competition for bigness, assurances that God blesses the faithful with material bonanzas or with health and healing, tempt many of us.”

- ▲ Jesus set the straightforward yet profound Lord’s Prayer (verses 9-13) in contrast to showy, ornate prayers filled with “empty words” (verse 7.) How can Jesus’ example make your prayers more honest and direct?

(Message Notes and Meditation Moments for March 7-8, 2020 – For more, go to [www.summitdurango.org](http://www.summitdurango.org))

▲ Verses 2, 5 and 16 used a business word that literally meant “payment in full.” Jesus said showy piety does often produce human admiration and praise—but that’s all it brings us. If the choice is between human praise here and now, or God’s appreciation in eternity, which (if you’re really honest with yourself) does your heart prefer?

**Prayer:** *Lord Jesus, I need your rest, your peace, your freedom from fear. Help me to hold firmly to your claim to be the great “I AM,” who is always on my side and at work for my good. Amen.*

**Thursday, March 12**– Read Matthew 6:19-34 – Understanding Jesus’ use of hyperbole can serve us well in applying this section’s principles. Taken literally the words would seem to say that any saving, any planning for the future on this earth, is wrong and shows a lack of trust in God. Jesus’ point was simply that the stuff of this world is not the most important reality. True wisdom values God’s gift of an eternal life of joy and freedom over this life’s transient treasures.

▲ For most of us, the idea of “slavery” has no connection to our daily lives. In Jesus’ day it was a legal and practical reality for many people under Roman law. Verse 24 literally said, “You cannot be a slave to both God and wealth.” When push comes to shove, which of those concerns most dominates your thoughts and behavior?

▲ Scholar Craig Keener notes, “most people in antiquity had little beyond basic necessities—food, clothing and shelter.” Most of us live well above that subsistence level. Sadly, it often seems that our stress level rises in proportion to the additional resources we have. In what practical ways can you apply Jesus’ teaching to “stop worrying about tomorrow” to your attitudes and practices?

**Prayer:** *Lord God, give me a deeper appreciation of the love, joy and peace you promise to give me as your beloved child. Free me from slavery to things that will pass away. Amen.*

**Friday, March 13**– Read Matthew 7:1-29 – In today’s passage, Jesus taught some crucial relationship principles. Since “all have sinned and fall short of God’s glory” (Romans 3:23), we need to take responsibility for our own life, rather than spending our energy judging or condemning others. Jesus also told the disciples to “ask,” “search,” and “knock”—in other words, to pray. Deepening our relationship with God through constant communication and trusting that God has our best interests at heart is key.

▲ Taking responsibility for our own thoughts, emotions, words, and actions instead of pointing the finger of blame can be difficult. Yet healthy, authentic, loving relationships depend on our ability to “take the log out of our own eye.” What is your “log”? What are the issues that keep you from living as Jesus taught us? How can you more fully reflect God’s grace in the way you relate to others?

▲ How have you experienced “Ask ... search ... knock”? Has God sometimes given you just what you asked for? Or, sometimes not given you the answer you wished for? Have you sometimes felt the “no” had actually been “wait” when the answer came later than you asked? Have you ever asked God for one thing, and seen in retrospect that God gave you something better? Do you trust that God is good, and with a larger perspective, always wants the best for you?

▲ Jesus said, “Everybody who hears these words of mine and puts them into practice is like a wise builder” (verse 24). What paths to greater freedom and joy have you seen offered to you as you’ve read Jesus’ sermon this week? How can your life, and your impact on the lives of others, be stronger and better as you open your heart to the inner transformation, the new way of seeing life, that Jesus offers you?

**Prayer:** *Loving, caring God, keep me asking, searching, knocking as I seek to live with you and others in loving caring ways. Transform me from the inside out. Plant the roots of my life deep in your words and give me the security and peace that come from grounding myself fully and solidly on you. Amen.*

**Saturday, March 14** – Read Matthew 8, focusing on 23-34 – Imagine we are on the boat on this lake and the sudden storm comes up from over the hills. All of us in the boat know of people who drowned here as whole boats have been swamped and gone to the bottom. We are right to be afraid and Jesus, who was doing such great things a minute ago on land, is asleep! Doesn’t he care? Should we wake him up? If he can’t help us, who can? Then it happens. He wakes up and the wind dies down and the sea becomes very still, like a screaming child suddenly pacified. Then, the question becomes, “Who is he? What sort of man is this”?

▲ We not only ask this question, but there is a question that we can’t avoid. Is this what it looks like when God’s kingdom begins to arrive on earth as in heaven? Does it mean that some sort of cosmic battle is now in progress? Are the storm and evil spirits trying, as it were, to attack Jesus, to stop him bringing heavens rule to bear on this dangerous and destructive world of ours? What’s that going to mean for us?

▲ When circumstantial clouds darken your life, do you sense the Son is still shining? Or does he seem asleep? Why might it feel that way? What do we learn about Jesus from these stories? How does that relate to the times you face evil? What “storms” or “demons” seem too much for you to handle now and how can you give those to Jesus as Lord and Savior?

**Prayer:** *Lord of wind and sea, help me to follow you, whatever the questions, wherever you lead. Amen.*