

Local Counselors

Many of us experience the need to seek help from a counselor at some point in our life. If you need counseling, you may contact Pastor Jeff Huber - jeff@summitdurango.org, or Jake - jake@summitdurango.org for assistance and/or a referral to a local counselor. We also have a special fund for young people struggling with suicide or depression. If needed, funds may be available through the church for counseling assistance provided by any one of the following practitioners:

Lisa Firle	432-638-1468	www.lisafirle.com lisafirletherapy@gmail.com anxiety, depression, grief, loss, trauma, EMDR, perinatal and post-partem depression
Kati Bachman	970-759-9981	grief therapist specializing in end of life, group therapy.
Brent & Renee Dixon	970-442-7334	Durango Family Therapy | Counseling for Individuals and Families couples, adolescents, individuals, depression, anxiety, trauma, grief
Bobbie Maiers	970-759-6443	bobbimaiers@icloud.com. Grief; Certified Loss and Life Transition Therapist.
LeAnn R. Shaw	970-903-4607	Adolescents, adults, couples and families.
Melinda Jameson	970-247-1444	Play therapy, adoption issues, attachment issues, teens
Christine Trout	970-403-5158	www.christinetroutcounseling.net specializes in 3-12 year olds. christinetroutcounseling@outlook.com Takes Medicaid and self-pay and hopes to take commercial insurance soon.
Tiffany Rose - Drake	719-395-1223	Christian, couples, marriage, individuals, post-divorce, psychologytoday.com/us/therapists?search=Tiffany+Rose
Samantha Reed	970-369-9593	Trauma Recovery, CBT, DBT, parenting, adolescent, adults. Takes Medicaid and BCBS. samantha@riversagecouseling.com
Randy Stueve, LPC	970-422-3830	Mental health, ACT, neurofeedback, mindfulness. Self-pay & Mines EAP randy@riversagecounseling.com
Rohan Roy, LPC	970-422-3830	Adults, trauma, complex issues, family issues, EMDR, Medicare, Medicaid, all insurances
Laurie Boyer, LPC	970-551-6155	Families, adults, trauma, EMDR, women's issues, perinatal issues. nurturedcounseling@gmail.com Medicaid, BCBS, Medicare, Cigna
Jennifer Diethrich, LPC	970-946-7002	Children (10+), adolescents, and adults. Specializing in animal (therapy mistymountaintherapy@gmail.com dog) and equine-assisted psychotherapy and experiential learning, dropout prevention, school-related issues, women's empowerment, the neurobiology of trauma, stress, and anxiety. Medicaid or Self-pay
Aaron Shipps, LPCC	970-422-3830	Grief, trauma, family issues, general MH issues. BCBS, Medicaid, Medicare aaron@riversagecounseling.com
Juniper Picolet, LPC	970-422-3830	Ages 8+, grief, trauma, family issues, complex issues, EMDR, art. juniper@riversagecounseling.com Medicaid, Medicare, United, Profile

		EAP. Aetna and BCBS.
Linzie Ridings, LPCC	970-422-3830	Adults, trauma, EMDR, anxiety, depression. Medicaid, BCBS. linzie@riversagecounseling.com
Angel Veach, LSW	970-422-3830	Ages 3+, play therapy, parenting, Medicaid, BCBS, United, Aetna
Becca Best, LPCC	970-422-3830	Ages 8+, family issues, anxiety, depression, medicaid
Darren McKinnis	(970) 676-1029	www.highergroundcounseling.com Hgcounseling@yahoo.com
		Zoom options, Gottman trained marriage therapist
Julie Madden	970-749-7547	marriage & family counseling, grief support
Kelsey Kolz LPCC	210-560-3133	Complex trauma, PTSD, adults, adolescents. Faith based. Takes Medicaid, United Healthcare (Rocky Mountain).
Denise Schenk	970-749-4049	trauma, addiction, marriage for individuals & couples
Kristen Spiegel	970-749-6139	registered play therapist, children, youth, family
Cole Awdish	970-403-5488	trauma with teens and adults, depression, anxiety (faith-based)
Judy Austin	970-764-7142	grief counseling - http://griefcenterswco.org/
Sierra Williams	970-459-4688	addiction, with a background in wilderness therapy -
Sarah Kahn	970-551-0825	sarahmkahn86@gmail.com
Regina Curry	760-710-1979	Parenting, Sports Psychology, Menopause Support, Sex Therapy
Lauren Bryan	619-354-1227	Family, marriage, adults, teens, children. laurenbryantherapy.com MSW, LCSW
Alcoholics Anonymous		Find a meeting https://www.aa.org/find-aa
Narcotics Anonymous		Find Narcotics Anonymous Meetings